



Dear all

Would you be able to help CARM out by promoting our research survey on your social media or on your notice boards please?

CARM is carrying out a survey about services and activities in later life to combat loneliness and social isolation. The survey takes just a few minutes to complete, it's confidential – the only personal information asked for is your age and postcode.

Anyone living in CARM's operating area (Romney Marsh, Tenterden, Rolvenden, Bilsington, Hamstreet and anywhere in between) and is over 50 can complete the survey. We are doing the research in order to support a funding application that I am making to the National Lottery.

<https://forms.office.com/e/bB3Cq7PPRX>

Thank you very much for your support.

Best wishes

Helen



[Facebook](#) [Twitter](#) [Instagram](#)



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Please note that I generally work Tuesday - Thursday.