

Who we Are

The initial four year programme is provided by the East Kent Strategic Partnership; a consortia comprising Social Enterprise Kent, Age Well East Kent (Age UKs) and Red Zebra Community Solutions. Carers Support East Kent provide the Community Navigation for Carers service.

Covering East Kent this service is available to people over 55, or those under the age of 55 with complex needs and Carers over the age of 16.

The Community Navigation service is a community resource that aims to improve people's quality of life, health and wellbeing by recognising that this can be affected by a range of social, economic and environmental factors.



CONNECT WELL EAST KENT

CONNECT WELL EAST KENT

Your local community navigator is



Contact Us



www.connectwelleastkent.org.uk

0300 3020178



CONNECT WELL EAST KENT

On behalf of:

Kent County Council

The NHS

WHAT IS COMMUNITY NAVIGATION?

Community Navigation is a social prescribing service that is delivered on behalf of Kent County Council and the NHS.

Community Navigators work with people to identify what they need and assist them to access it – things such as social clubs, befriending, information and advice services and other support to improve their health and wellbeing.

WHO IS COMMUNITY NAVIGATION FOR?

The Community Navigation Service is available for:

- People aged 55 or over that need support in any area of their lives
- People aged 18 plus who have complex needs (this service is available for a maximum of 12 weeks)
- Carers – those who support a relative or friend who could not manage without their support due to illness, disability, frailty or addiction. (this service is not restricted to 12 weeks)

Access to the service is via a central telephone number/email for people living in East Kent. People can contact the service directly or be referred by a professional.

HOW TO REFER INTO THE SERVICE?



0300 302 0178.



connectwell@sekgroup.org.uk

On behalf of

